

The Trainers

Vicky McEvoy M.A. Supervisory Practice, B.Th., H. Dip in Ad. Ed. Dip Couns. Dip Sup, Imago Therapist. Vicky founded and managed Oasis Counselling Service for 20 years and is an IACP Supervisor and Counsellor. Vicky is a Life Plan Coach and a Couples Therapist working in Dublin,



Andrea Wigglesworth M.Sc. Advanced Counselling Practice, M.Sc Health Promotion. Dip Supervision, Certified Life Plan Coach, COSCA Trainer and Imago Therapist. Andrea is also a Couples Coach and Life Plan Coach, a gifted teacher who offers a psychodynamic and spiritual perspective to the course.



Each day has a mix of didactic teaching with powerpoint and media presentations, group experiential exercises, small group discussion and practice of skills.

Extra booking forms at www.vitalconnexions.org

Booking form: Edinburgh Couples

Name: _____ phone: _____

Address _____

Email: _____

Occupation: _____

CHEQUES PAYABLE TO "VITAL CONNEXIONS" 20 Carlingnose Point, North Queensferry, Fife KY11 1ER. Deposit of £50 to secure your place.



Connecting for Life.....

Advanced Certificate in Couple Counselling and CPD in Relationships - Edinburgh

www.vitalconnexions.org

4 x 2 day modules between
September 2018 to December 2018

Book early to secure your place....



Course Dates 2018-9 in Edinburgh

Course Content:

**Venue -
to be confirmed
10 am to 4.00 pm 4 x 2 day blocks**

Cost: £50 non refundable deposit and then £100 per day. Early booking advisable. Tea and coffee is provided mid morning and lunch can be purchased near the venue. Total £850. Payments of £200 can be made on arrival at each module.

Booking forms: www.vitalconnexions.org

**THIS COURSE IS SUITABLE FOR ANYONE WHO IS
INTERESTED IN THE DYNAMICS OF:**

**LOVE RELATIONSHIPS, (Couples welcome)
TEAM RELATIONSHIPS,(Teams welcome)
EMOTIONAL AND SPIRITUAL HEALTH In
Relationships
COUPLE COUNSELLING (Counsellors wanting to
work with couples or already working with
couples)**

CPD certs can be given for each 2 day module

**Module 1 - Wednesday 19th and Thursday 20th September 2018
Understanding conflict in relationships and techniques and coaching
tips offered in order to clear the relationship space**

Interventions and insights including- Love Maps, Relational pollutants, Solvable and Unsolvable Problems, 7 conversations to make Marriage work based on some of John Gottman's research.

**Module 2 - Wednesday 17th and Thursday 18th October 2018
the phenomenon of adult attachment and childhood attachment wounding
and the impact of the past on adult relationships**

Interventions and insights from Sue Johnson (Hold Me Tight) Conversations around Demon Dialogues, Raw Spots, Revisiting Rocky Moments, Engaging and Connecting, Forgiving Injuries and Bonding

**Module 3 - Wednesday 14th and 15th November 2018
Understanding how to get the love you want and need in relationships
based on the work of Harville Hendrix.**

Understanding the Conscious and Unconscious at work within relationships, unfinished childhood experience, power struggles, relationship styles and defence strategies. Expressing Appreciations and Frustrations, The power of a Shared Relationship Vision.

**Module 4 - Wednesday 12th and Thursday 13th December 2018
Affair Recovery and Sexuality.**

The Course contains experiential learning including triads practice, group discussion, didactic teaching, media presentations and lots of fun and energy!

CERTIFICATE IN COUPLE COUNSELLING
FOR QUALIFIED THERAPISTS WHO WISH TO OBTAIN A COSCA
CERTIFICATE - THE FOLLOWING ADDITIONAL ASSIGNMENTS ARE
REQUIRED

A DVD ASSIGNMENT DAY with colleagues from the course.
JOURNALLING,
An ESSAY (1,500 words)
12 hours couples work under Supervision