

DIPLOMA IN COUNSELLOR SUPERVISION

The Cyclical Model of Supervision: Page and Woskett

This course is fully accredited by the Irish Association of Counselling and Psychotherapy.

The Core Theoretical Model: This is a 5 stage model which helps Course participants to "Make the Most of Supervision" and also leads them through various development stages to "Becoming a Supervisor."

This course is suitable for Counsellors and Psychologists from a wide spectrum of Counselling Theoretical orientations e.g. Person Centered: Psychodynamic and C.B.T. Some people also choose to work Cross Professionally with the Supervision model.

Admission to the course is by application form, recommendation from your current Supervisor and an interview with 2 core staff members. Please download the application form and send to Vital Connexions with a resume of your professional experience and a letter stating why you wish to undertake the course.

You will be taught exercises and interventions to help your Supervisees understand the following:

- Contracting with Supervisees
- Helping Supervisees focus and present well in Supervision
- The Psychodynamics of the Supervision Space including the Parallel Process, Transference and Counter transference
- Balancing Challenge With Support
- Creativity: Metaphors in Supervision
- Development Stages of Your Supervisees
- Staying Sane and Competent and becoming a Reflexive Practitioner
- Ethical "Hot Potatoes"
- Group Supervision and Group dynamics
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All modules include didactic teaching, media presentations, group discussion, practice time.

Please follow the link for "Courses: to see dates and details of the next courses in Dublin and Edinburgh"